

## D.A.R.E. Communication Style Assessment

Directions: Circle the word in each row that best describes you. **Keep the “Attribute” column covered as you complete the survey.**

	<u>Column 1</u>	<u>Column 2</u>	<u>Column 3</u>	<u>Column 4</u>	<u>Attribute</u>
1.	kind	non-resisting	confident	respected	RADE
2.	determined	organized	manageable	persuasive	DARE
3.	not dependent	soft-spoken	patient	fun-loving	DRAE
4.	contemplating	serving	joyful	adventurous	ARED
5.	adaptable	concerned	emotional	like to disagree	ARED
6.	unselfish	responsive	stubborn	strict	READ
7.	eager	willing	agreeable	funny & playful	DRAE
8.	convincing	aggressive	disciplined	possessive	EDAR
9.	sweet	stubborn	attractive	avoid confrontation	RDEA
10.	daring	objective	obedient	participative	DARE
11.	critical	bold	charming	loyal	ADER
12.	precise	modest	enthusiastic	direct	ARED
13.	cheerful	like new ideas	ready to do favors	stick to decisions	EDRA
14.	attentive	friendly	forceful	devout	REDA
15.	contented	trusting	peaceful	positive	AERD
16.	affectionate	outspoken	consistent	mild	EDAR
17.	expressive	satisfied	daring	diplomatic	EADR
18.	assertive	conforming	kind	playful	DARE
19.	talkative	controlled	decisive	systematic	ERDA
20.	loyal	social	self-reliant	perfectionist	REDA
21.	restless	popular	neighborly	abide by rules	DERA
22.	jovial	inquisitive	logical	contented	EDAR
23.	cautious	determined	convincing	good natured	ADER
24.	eager	accurate	generous	popular	DARE
25.	give in easily	lively	don' t give up	well disciplined	REDA
26.	calculating	willing	talkative	leader	ARED
27.	easy on others	organized	powerful	good mixer	RADE
28.	sympathetic	optimistic	persistent	exacting	REDA
29.	aggressive	easily fooled	indecisive	life of the party	DRAE
30.	cordial	restless	cautious	earnest	EDAR
31.	take risks	like involvement	sincere	not extreme	DERA
32.	firm	calm	considerate	carefree	DARE
33.	respectful	inspiring	want to please	willing to try new ideas	AERD
34.	competitive	joyful	quiet	agreeable	DEAR
35.	tenacious	gentle	humble	creative	DRAE

<u>Column 1</u>	<u>Column 2</u>	<u>Column 3</u>	<u>Column 4</u>	<u>Attribute</u>
36. <i>Others see me as displaying:</i> accuracy	directness	dependability	enthusiasm	ADRE
37. <i>Under pressure I feel the following:</i> need for logic	challenged	calm	smooth and poised	ADRE
38. <i>I am known for my:</i> systematic approach	self-reliance	generosity	positive attitude	ADRE
39. <i>My greatest fear is:</i> hurting others' feelings	change	being criticized	being taken advantage of	ERAD
40. <i>I like others who are:</i> friendly	accurate	direct	loyal	EADR
41. <i>At times I may be:</i> blunt	slow to give answers	overly strict in my interpretations	very subjective in my description of things	DRAE
42. <i>I am sometimes accused of</i> being tentative	not listening	talking too much	procrastination	RDEA
43. <i>My greatest need is to be:</i> with others	given time to adjust to change	encouraged	given frank directions	EARD
44. <i>I function best in an environment that:</i> allows me autonomy	includes other people	is well organized	is pleasant	DEAR
45. <i>I feel good when I am:</i> listening to others	following an agenda	giving directions	smooth and poised	RADE
46. <i>Most people think of me as:</i> results oriented	a good talker	a good listener	a perfectionist	DERA
47. <i>I think of myself as being:</i> cautious	optimistic	satisfied	impatient	AERD
48. <i>When getting others to do things I:</i> want to be involved	am patient	want quality	want action in a hurry	ERAD
49. <i>I do my best when:</i> working in a group	working by myself	doing what I am told	following the rules	EDRA
50. <i>I think of my life as:</i> an exercise in patience	a step by step process	helping others	competitive	RAED

**Scoring Instructions:** Circle the letter in the last column that corresponds to the column number of your response.

In this example, “confident” is in column 3, so you would circle “D,” which is in the 3<sup>rd</sup> position. Similarly, “organized” is in column 2, so you would circle “A,” which is in the 2<sup>nd</sup> position.

	<u>Column 1</u>	<u>Column 2</u>	<u>Column 3</u>	<u>Column 4</u>	<b>Attribute</b>
1.	kind	non-resisting	confident	respected	RADE
2.	determined	organized	manageable	persuasive	DARE

Complete each row in this way, circling the “Attribute” letter that corresponds to the column number you selected. Then count the number of times you circled D, A, R, E and place your totals below.

**TOTALS**

D \_\_\_\_\_ A \_\_\_\_\_ R \_\_\_\_\_ E \_\_\_\_\_

There are no right or wrong answers. The category with the highest number of responses tends to be your dominant communication style.