STRENGTHSFINDER TRANSLATOR FOR RESUMES AND LINKEDIN

Use the content on these tables to strengthen the language in your resume, LinkedIn profile, and stories about your accomplishments.

Executing Domain

	Descriptors	Summary of Qualifications - Examples	Action Verbs	Sample Language
Achiever	Driven, Diligent, Intense, Self- motivated, Independent, Productive, stamina, hard- worker, dedicated, ambitious, assertive, ambitious, enterprising	Productive, hard-working and dedicated to the completion of any task assigned Effective and unpressured with timesensitive tasks	Accomplished, chaired, completed, delivered, developed, expanded, facilitated, improved, increased, lowered, produced, raised, reduced	Increased/raised sales by 20% in first two months of employment Regularly completed daily assignments ahead of schedule and began further tasks
Arranger	Orchesterator, Coordinator, Enlister, Organized, flexible, productive, identifies relationships, arrange for maximum productivity, strategic, attentive	Organized and efficient , with a strong eye for improving current systems	Conducted, connected, controlled, coordinated, determined, devised, established, facilitated, implemented, organized, reviewed, streamlined	Streamlined communications process between departments in a more effective manner Redesigned stock unit to maximize space usage and ease of locating items
Belief	Altruist, Missionary, Purpose-driven, value- oriented, driven, vision, ethical, consistent, inspirational, dependable, leader, trustworthy, faith-centered, steadfast, honest	Team player who inspires colleagues and leads by example Dependable, consistent and driven by a strong code of ethics	Guided, influenced, Inspired, instilled, maintained, modeled, motivated, persuaded, recruited, upheld	Upheld commonly ignored company policies and practices, including Modeled integrity and instilled an appreciation for accuracy in new employees
Consistency	Equality, equity, fair, standards, people- focused, balanced, attentive, conscientious, dependable, diplomatic, systematizer,	People-focused team-player with a passion for creating and maintaining equity Fair-minded and impartial supervisor who applies	Adhered, applied, arbitrated, clarified, developed, enabled, maintained, managed, mediated, organized, reinforced, reorganized, resolved, reviewed	Clarified procedures personal time off requests by developing universal guidelines for entire department Arbitrated staff disputes with non-partisan decision- making tactics
Deliberative	Detail-oriented, data-driven decision maker, conscientious, attentive, conscientious, planner, risk-assessor,	Conscientious critical thinker who considers multiple factors in the decision-making process	Analyzed, anticipated, compared, considered, contemplated, critiqued, defined, detected, determined, edited, established, examined, researched	Compared results to expected outcomes and adjusted approaches accordingly Examined and used customer feedback to inform updates in store practices

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	Descriptors	Summary of Qualifications - Examples	Action Verbs	Sample Language
Discipline	Organized, consistent, structured, steadfast, time management, work independently, assertive, attentive, conscientious, dependable, planner, reliable, systematic	Steadfast and reliable self-starter who is equally productive when working independently or on a team Excellent time-management skills that enable me to establish and consistently meet deadlines	Categorized, clarified, consolidated, controlled, defined, determined, enforced, established, maintained, Organized, prioritized, reported, reviewed	Clarified standards and practices by editing handbook to include up-to-date language and address current job- related scenarios Prioritized job assignments in order of importance and time sensitivity for self and colleagues
Focus	Director, Critical thinking, follow- through, dedicated, committed, efficient, goal- oriented, attentive, enterprising,	Goal-oriented visionary who cultivates colleagues' investment toward common ends Critical thinker who plans and prioritizes the most effective and efficient path towards success	Adjusted, coordinated, corrected, defined, determined, established, evaluated, navigated, outlined, planned, prioritized, re- directed	Defined strategic plans to pursue both short-term and long- term departmental goals Sought teammates' input in both creating and setting frequency of benchmarks for success
Responsibility	Strong work ethic, committed, self- starter, disciplined, consistent, structured, value- oriented, work independently, reliable, efficient, timeliness, punctuality, attentive, conscientious, dependable, honest, loyal, reliable, servant-	Committed self-starter with a demonstrated history of strong work ethic and reliable task completion Excellent timeliness and punctuality who continually completes assignments well before the deadline	Completed, decreased, delegated, Delivered, delivered, demonstrated, entrusted, helped, improved, increased, lowered, maintained, raised, reduced	Completed multiple complicated projects efficiently, effectively, and within defined timelines Entrusted with ever-increasing responsibilities and decision-making due to strong work ethic and exceptional performance
Restorative	Problem-solver, resolve conflict, solution- focused, critical thinker, efficient, logical, resourceful, troubleshooter, investigative/or,	Problem-solver who identifies points of opportunity to increase effectivity and efficiency Solution-focused critical-thinker who defines objectives and sees them through to completion	Applied, consolidated, corrected, counseled, critiqued, decreased, designed, detected, determined, devised, edited, eliminated, evaluated, expedited, identified, improved, increased, lowered, modified, overhauled, raised, reduced, repaired,	Compared actual results with those expected and adjusted approaches accordingly (Detected/determined/defined) inefficiencies in departmental processes and (developed/designed/devised) improved systems for replacement

Influencing Domain

	Descriptors	Summary of Qualifications - Examples	Action Verbs	Sample Language
Activator	Catalyst, Initiator, Starter, Originator, Influencer, action-focused, turn thoughts/discussion into action, results- oriented	Action-focused team member who brings plans to reality Results-oriented performer who defines strategies and sees them through to completion	Advocated, applied, developed, exercised, facilitated, founded, helped, implemented, improved, increased, initiated, initiated, instituted, integrated, launched, lead, lowered, outlined, planned, prioritized, pursued, raised, reduced,	Developed action plan for trainings on corporate updates to policies and practices Met and exceeded weekly sales challenge on 4 separate occasions
Command	Leader, decision-maker, work well under pressure, assertive, motivational, visionary, assertive, extraverted,	Assertive leader who can effectively oversee multiple initiatives simultaneously Motivational visionary who can set a course and gain buy- in from others to come along	Advised, chaired, conducted, consulted, coordinated, counseled, defined, delegated, determined, directed, enforced, established, guided, implemented, influenced, initiated, launched, led, lowered, managed, motivated, outlined, oversaw, planned, presided, prioritized, supervised,	Prioritized preparation tasks for on-site inspections. Received passing scores for all inspections Managed a staff of 5 individuals, overseeing their scheduling and delegating assignments on a weekly basis
Communication	Presenter, Convert ideas to words, relater, effective, engager, motivational, trainer, visionary, extraverted, Storyteller, Writer	Effective communicator who conveys important information in an engaging and personable manner Trainer with experience presenting to very diverse populations in a variety of settings	Advocated, connected, conversed, educated, encouraged, engaged, explained, hosted, inspired, involved, Presented, reported, represented, responded, trained, wrote	Successfully advocated for changes to union provisions Related to and encouraged troubled youth, meeting them where they were and providing a safe and caring environment within which to share
Competition	Driven, dedicated, persistent, goal- oriented, assertive, aspire, assertive, ambitious, enterprising,	Driven and persistent go-getter who sees goals through to completion Team player who shares energy, encouragement and	Achieved, completed, controlled, coordinated, improved, increased, lowered, raised, reduced, Strove	Office achieved highest sales in region four months in a row during tenure Lowered/reduced customer complaints by 25% in first three months
Maximizer	Coach, leader, mentor, teacher, Increase efficiency and effectiveness, developer quality controller	Efficient and effective developer who can take an idea or practice and find new ways to improve upon it	Collaborated, consulted, encouraged, expanded, expedited, helped, identified, improved, improved, increased, inspired, modified, motivated, streamlined, synthesized, updated, utilized	Consulted on various development initiatives throughout department Updated promotional materials to reflect current trends and relate better to the intended audience

	Descriptors	Summary of Qualifications - Examples	Action Verbs	Sample Language
Self-Assurance	Manager, decision-maker, confident, entrepreneur, leader, value-driven, work independently, dedicated, steadfast, assertive, self-reliant, risk-management,	Assertive and productive self-starter who is accustomed to working independently Value-driven entrepreneur with a history of successful business start-ups	Advised, completed, consulted, delivered, developed, entrusted, maintained, managed, navigated, planned	Developed and maintained an ever-growing client base for own lawncare practice over the course of four summers Entrusted to provide consultation to manager on several departmental decision-making processes
Significance	altruistic, work independently, self- starter, driven, influential, impactful	Driven self-starter with a proven track record of increasing sales and meeting departmental goals Impactful and influential advocate for social justice within the community	Achieved, completed, earned, focused, impacted, improved, increased, influenced, lowered, presided, raised, received, educed, streamlined	Increased/raised sales by 20% in first two months of employment Recipient of employee-of-the-month multiple times in various roles
Woo	charismatic, create new connections, engager, synergistic, networking/er, influential, initiator, extraverted, outgoing, socializing/er	Natural networker who excels at building professional connections Charismatic and influential professional with ability to represent clients' needs across diverse business segments	Coached, collaborated, communicated, connected, coordinated, developed, engaged, enlisted, hosted, influenced, inspired, involved, motivated, partnered, persuaded, recruited, related, strengthened	Developed relationships with community partners to strengthen organization's resource base Strengthened investment by key stakeholders in new policies and procedures by involving them in the

Relationship Building Domain

	Descriptors	Summary of Qualifications - Examples	Action Verbs	Sample Language
Adaptability	Early adopter, Accommodator/ing, Creative, innovative, data-driven, flexible, multi-tasker, ever-changing environment, planner	Flexible team-player who easily adapts to an ever-changing environment Innovative planner who develops (??) in response to shifts in expectations	Anticipated, assisted, created, designed, developed, devised, diversified, educated, established, facilitated, helped, implemented	Designed/created innovative procedures to address shifts in customer needs by utilizing/using data-based decision-making processes Anticipated potential contingencies in customer service and devised appropriate
Connectedness	Create connections between key players, synergistic, build rapport, considerate, caring, accepting, equality, equity, faith- centered, Integrator, humanitarian, social advocated, appreciation/passion for diversity/inclusion, synthesizer, people- focused, facilitator, teamplayer, extraverted, insightful	People-focused engager with a passion for creating equitable opportunities for marginalized individuals Considerate team-player with an ability to find commonalities and develop synergistic collaborations between individuals of varying backgrounds	Built, cared, collaborated, cooperated, coordinated, delegated, engaged, enlisted, facilitated, for, Identified, involved, selected, synthesized	Planned departmental events by identifying common interests among the staff Collaborated with other staff to implement equity measures to create a stronger environment of inclusion
Developer	People-focused, coach, promote individual growth, supportive, leader, trainer, professional growth, constructive, insightful	People-focused leader who recognizes and uses opportunities to coach staff and peers Supportive trainer who helps others identify opportunities for professional growth	Acknowledged, advised, assessed, celebrated, coached, communicated, cultivated, delegated, encouraged, Guided, helped, hosted, influenced, inspired, listened, mentored, motivated, praised, recognized, strengthened, supported, trained	Cultivated a space of confidence and respect through public acknowledgement of individual's accomplishments Mentored new employees regarding job details and office climate/culture in an informal, peerfriendly way Delegated veteran employees with new responsibilities and tasks to broaden their
Empathy	People-focused, analyzer, relatable, safe, welcoming, client-focused, rapport, communicator, mediator, emotional intelligence, insightful, perceptive, sensitive	Excellent communicator who helps others articulate their thoughts and intentions clearly and with impact Exceptional emotional intelligence and ability to deescalate confrontational interactions	Advised, advocated, analyzed, assisted, coached, collaborated, communicated, connected, cooperated, counseled, deescalated, enabled, encouraged, engaged, envisioned, guided, helped, hosted, inspired, listened, mediated, Related, supported	Assisted patients with basic life functions while maintaining an atmosphere of dignity and respect Developed supportive and empathetic rapport with individuals seeking help in extreme circumstances

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	Descriptors	Summary of Qualifications - Examples	Action Verbs	Sample Language
Harmony	Strive for consensus, collaborative, emotional intelligence, negotiator, team player, resolve conflict, coordinate discussion, mediator, diplomatic, sensitive	Engaging team player who synthesizes individuals' ideas into a common plan or direction Mediator whose emotional intelligence helps facilitate conflict resolution with both understanding and impartiality	Assured, collaborated, communicated, cooperated, coordinated, deescalated, enabled, engaged, enlisted, facilitated, hosted, identified, involved, listened, mediated, moderated, resolved, solved	Collaborated with major stakeholders in developing and implementing new strategies or techniques Resolved interpersonal conflicts between team members by facilitating consensus, therefore increasing productivity
Includer	Barrier-buster, Create an atmosphere of inclusion, empathetic, collaborative, extraverted, sensitive	Empathetic activator with a passion for influencing change towards equity Inclusive planner who values and considers multiple perspectives	Coached, collaborated, communicated, cooperated, coordinated, delegated, empathized, enabled, encouraged, engaged, enlisted, expanded, gathered, hosted, included, inspired, involved, related, supported, valued	Moderated staff meetings, ensuring a safe and respectful environment for ideas and thoughts to be shared Coordinated inter-departmental events and parties with regard to personal scheduling to assure maximum inclusion
Individualization	Identify strengths, cultivate an atmosphere of cooperation, leader, collaborative, synergistic, builds rapport	Leader with an eye for identifying and utilizing team members' strengths Excellent teacher whose classroom techniques accommodate for the various learning styles of the students	Appreciated, built, coached, communicated, cooperated, coordinated, delegated, enabled, encouraged, engaged, enlisted, facilitated, hosted, identified, inspired, involved, maximized, recruited, selected, synergized	Enabled team-level productivity by combining individuals' complementary strengths for synergistic outcomes Designed calendar highlighting team members' birthdays, work anniversaries, and other important dates
Positivity	Enthusiastic, motivator, energetic/izer, encourager, synergistic, optimistic, performer,	Enthusiastic motivator who instills energy and enthusiasm among peers	Celebrated, coached, communicated, complimented, enabled, encouraged, encouraged, encouraged, increased, inspired, involved, motivated, motivated, praised, strengthened	Implemented "Praise Points" box for peers to submit compliments for their colleagues to be read publicly once a month
Relator	Caretaker, Team player, cooperative, rapport, people-centered, sensitive	People-centered leader who invests in and acknowledges individual growth in each team member and who contributes to the strength of his/her team and supports teammates' initiatives	Coached, collaborated, communicated, connected, cooperated, engaged, helped, hosted, inspired, involved, listened, participated, represented, supported	Built personal rapport with residents/patients so they would feel recognized and cared for as unique individuals Engaged with employees through weekly check-ins to discuss work-related issues as well as personal life and interests

Strategic Thinking Domain

	Descriptors	Summary of Qualifications - Examples	Action Verbs	Sample Language
Analytical	Measurer, Fact-finder/user, Logician, Observer, Identify cause- and-effect, explore multiple facets, data-driven, objective, critical thinker, attentive, conscientious, logical, perceptive	Objective analyst who is an excellent resource for impartial consultations Exceptional critical thinking skills that help identify causes as well as formulate solutions	lassified, compiled, consulted, designed, determined, devised, dissected, edited, educated, evaluated, examined, formulated, generated, identified, identified, informed, revised	Used data-driven decision-making processes to explore trends and changes in customer behavior Evaluated and edited/revised emails/documents/communications for brevity without sacrificing important detail
Context	Data-driven decision maker, learner, reflective, studious	Studious learner who allows historical context influence decision making Exemplary leader who aligns major decisions with the organization's mission and values	Analyze, apply, consulted, counseled, defined, determined, dissected, established, examined, explain, reestablished, Research, researched, revisited	Defined historical context and outcomes to better plan for resolution to current challenges Delivered presentations to help staff understand the 'why' behind new changes and directions
Futuristic	Energetic, forecaster, visionary, synergetic, strategic	Energetic/strategic/synergistic visionary who develops goals and sees them through	Defined, determined, developed, Energized, engaged, identified, inspired, motivated, outlined, planned, reflected, synergized, visualized	Defined strategic plans to meet both short-term and long-term departmental goals
Ideation	Designer, inventor, artist, innovator, Synthesizer, creative, innovative, imaginative	Creative designer with an eye for opportunities to improve efficiency and effectivity	Conceived, created, designed, developed, drafted, engineered, formulated, generated, Identified, increased, initiated, inspired, instituted, integrated, introduced, lowered, proposed, raised, reduced, synthesized	Developed and introduced several new tools to the department to help expedite processes Identified alternative solutions/options to replace ineffective means for satisfying customers/guests
Input	Life-long learner, attentive, resourceful,	Critical thinker with excellent recall and ability to identify pertinent archived data	Archived, categorized, collaborated, Collected, collected, compiled, consulted, designed, gathered, generated, graphed, maintained, obtained, organized, organized, researched, researched, solved, studied	Maintained records and compiled tables/graphs for review by supervisor Organized and redesigned neglected filing system and materials for easy access

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	Descriptors	Summary of Qualifications - Examples	Action Verbs	Sample Language
Intellection	Introspective, reflective, analytical, creative, logical, writer,	Introspective critical thinker who enjoys exploring and discussing new ideas and concepts	Analyzed, compared, conceived, consulted, counseled, critiqued, determined, developed, discussed, dissected, educated, evaluated, explained, explored, focused, generated, identified, informed,	Compared theory to results and used this data to revise overall approach Consulted on multiple committees for process improvement
Learner	Life-long learner, self-improvement, adaptable, attentive,	Life-long learner who seeks opportunities for continuous professional development	Acquired, explored, familiarized, identified, informed, instructed, mastered, researched, researched, solved, studied	Gathered and studied relevant data to assist supervisor in planning processes Familiarized self with wide array of internal processes and policies, in turn serving as a resource for new employees
Strategic	Innovative, creative, critical thinker, data- driven, evaluator, planner, problem-solver, conscientious, logical, perceptive	Effective planner who takes goals and outlines the best path to their completion Problem-solver who can effectively and objectively navigate solutions and put out fires	Analyzed, compared, consolidated, consulted, coordinated, counseled, critiqued, defined, designed, determined, developed, devised, dissected, diversified, established, evaluated, formulated, Identified, implemented, instituted, integrated, launched, navigated, planned	Analyzed results and adjusted approaches accordingly to better meet goals Defined strategic plans to meet both short-term and long-term departmental goals Developed/devised/designed several strategic responses/innovative approaches to meet unexpected challenges in staffing,
Resources:	https://academicaffairs.iupui.edu/R enderers/ShowMedia.ashx?id=08a	https://justenglish.me/2014/03/26/155-key-words-for- resume-and-cover-letter-	Cards loaned by Sue Kraus for	https://www.livecareer.com/career-

Strengths interpretations

tips/career-advice/soft skills-in-demand

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key-words-for- resume-and-cover-letter-

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Resources:

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